



Menu Week 1

Freshly cooked, delicious healthy meals that allow children to explore tastes and textures.

Monday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Stew-pendously tasty Veggi Stew with Crusty Bread
Vanilla Ice Cream

AFTERNOON TEA

Crunchy Salad Pittas

LATE AFTERNOON SNACK

Banana Slices

Tuesday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Snap, Crackle and Popp-adoms with Mango Mash
Chicken and Banana Korma with Brown Rice

AFTERNOON TEA

Picnic Pizza Loaf

LATE AFTERNOON SNACK

Crispy Courgette Bites

Wednesday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Ham and Mushroom Bake
Fresh Fruity Jelly

AFTERNOON TEA

Deli style Chicken and Apple Salad with Tortilla Crisps

LATE AFTERNOON SNACK

Peach and Nectarine Slices

Thursday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Easy Cheesy Toad in the Hole with Broccoli
Fruit Yoghurt

AFTERNOON TEA

Tasty Turkey and Avo Toasties

LATE AFTERNOON SNACK

Veggie Sticks

Friday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Sweetcorn Pancake Bites
Deep Sea Fish Fingers and Oriental Rice

AFTERNOON TEA

Coronation Chicken Butty with Oven Chips

LATE AFTERNOON SNACK

Melon Slices

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Fresh drinking water is available for all children throughout the day and with all meals.



Menu Week 2

Freshly cooked, delicious healthy meals that allow children to explore tastes and textures.

Monday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Tasty Pasta Surprise
Fruit Yoghurt

AFTERNOON TEA

Cheesy Apple Rolls

LATE AFTERNOON SNACK

Toasted Pitta Finger
with Green Pea Dip

Tuesday

BREAKFAST

A choice of sugar free cereals
with milk

LUNCH

Mixed Pepper Strips
Swirly Whirly Hawaiian
Spaghetti

AFTERNOON TEA

Zingy Chicken Wraps

LATE AFTERNOON SNACK

Fresh Mixed Berries

Wednesday

BREAKFAST

Wholemeal toast with Marmite
or Cheese spread

LUNCH

Flaky Fish in an
Ocean of tasty Ratatouille
Blueberry Sponge Cakes

AFTERNOON TEA

Summer Sausage Rolls
with Lettuce and Tomato Salad

LATE AFTERNOON SNACK

Mini Rice Cakes with
Banana Mash

Thursday

BREAKFAST

A choice of sugar free cereals
with milk

LUNCH

Houmous and
Little Drummer Breadsticks
Beef and Pea Pilaf

AFTERNOON TEA

Tuna and Sweetcorn
Pasta Salad

LATE AFTERNOON SNACK

Sliced Red and Green Grapes

Friday

BREAKFAST

Wholemeal toast with Marmite
or Cheese spread

LUNCH

Tortilla Calzone Wraps
Strawberry Ice Cream with
chopped fresh Strawberries

AFTERNOON TEA

Teddy Bears Picnic Tea
*All your favourites chosen by
your nursery cook*

LATE AFTERNOON SNACK

Breadsticks with Tuna Dip

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Menu Week 3

Freshly cooked, delicious healthy meals that allow children to explore tastes and textures.

Monday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Cheesy Onion Whirls with Mashed Potato and Baked Beans
Fromage Fraiss

AFTERNOON TEA

Broccoli Pasta Shells

LATE AFTERNOON SNACK

Pineapple Chunks

Tuesday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Boom Boom Bangers and Mash
Fruit Fool

AFTERNOON TEA

Pea and Ham Frittatas

LATE AFTERNOON SNACK

Sardine Pate on Toast

Wednesday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Veggie Sticks
Chicken and Tomato Risotto

AFTERNOON TEA

Ham and Tomato Sandwiches with Veggie Sticks

LATE AFTERNOON SNACK

Orange Slices

Thursday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Pink Fish Pesto Pasta
Mashed seasonal Berries with Greek Yoghurt

AFTERNOON TEA

Beef and Spinach Burrito

LATE AFTERNOON SNACK

Cheesy Butternut Straws

Friday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Roast of the Day with New Potatoes, Carrots, Peas and Gravy
Mandarin Jelly

AFTERNOON TEA

Savoury Omelette with Crunchy Cucumber Sticks

LATE AFTERNOON SNACK

Banana Slices

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Menu Week 4

Freshly cooked, delicious healthy meals that allow children to explore tastes and textures.

Monday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Garlic Bread
Veggie Lasagne

AFTERNOON TEA

Banana and Apricot Bagels

LATE AFTERNOON SNACK

Carrot Houmous with
Chunky Cucumber Sticks

Tuesday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Crunchy Cheesy Oaty Bites
Fish Cakes with
Sweet Potato Wedges and
Garden Pea Crush

AFTERNOON TEA

Children's own picnic tea
chosen by your nursery

LATE AFTERNOON SNACK

Apple Slices

Wednesday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Creamy Cheesy
Spaghetti Carbonara
Creamy Apricot Dessert

AFTERNOON TEA

One Pot Spanish
Style Rice

LATE AFTERNOON SNACK

Carrot Cookie Snacks

Thursday

BREAKFAST

Wholemeal toast with Marmite or Cheese spread

LUNCH

Sunny Chicken and Veggie Pie
with New Potatoes
Fruit Yoghurt

AFTERNOON TEA

Pitta Pockets with
Egg Mayo and Ham

LATE AFTERNOON SNACK

Pear Slices

Friday

BREAKFAST

A choice of sugar free cereals with milk

LUNCH

Crunchy Prawn Crackers
Speedy Sweet and Sour Pork
with Brown Rice

AFTERNOON TEA

Ham Flatbread Strips

LATE AFTERNOON SNACK

Sweet Potato Chocolate
Brownie Bites

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